

## **Additional massages**

**Massage with a Wrap:** It is a special massage using a specific and precise combination of massage touches, which gradually effect cellulite tissue and smooth the skin. The lymph is activated during the massage and the detoxication abilities are supported so that washing out the sediments from the subcutis is improved. This treatment is very effective and can cause as many as several centimeters' loss. The massage is combined with a wrap using a natural four-component Thermo. Before the massage and after it a regular drinking regimen must be kept to.

**45min. 1.450 CZK**

**Massage for children (from 1 year)**

**20 min. 620 CZK**

**Indian Massage of the Head:** It is a gentle and curative treatment for head, neck, shoulders and upper arms. It is applied to that areas of head which are centres of energy. It removes everyday stress, headache, eye pains, the tension in shoulders and neck. It also improves the quality of hair and brings about a feeling of mental comfort. In general, the Indian massage brings physical and mental harmony to the organism.

**20 min. 850 CZK**

**Massage using Lava Stones:** Lava stones bring on a state of relaxation faster than traditional massage methods. The stones, which are moistened with exotic aromatic oils, are placed on tired and sore muscles and thus relaxes them, releases unpleasant tension, and revives the mind. The warmth has a relaxing effect on nerve endings, and increases blood circulation to tissues and muscles. A proper blood supply, which the procedure achieves, is important for the proper functioning of the circulatory and lymphatic systems, and furthermore, it carries necessary nutrients and removes those problems that occur with an insufficient blood supply.

**20 min 850 CZK ; 50 min 1.500 CZK**

**Honey detox massage:** This massage is a gem among massages. It is focused on the spine region where the reflex zones are located and then joined by neural ways with particular organs. Massage of these zones results in strengthening and curing of the relevant organs. It is also suitable as a prevention of civilization diseases which are related to sedimentation of toxins in the body. The healing force of honey has a beneficial effect on the body under stress, tiredness or sleeplessness as well as in case of neural disorders. It also has an anti-aging effect.

**20 min. 850 CZK**